

THE ATLAS

Please scroll down to see our March menu, Set menu, buffet menu, and our canapé list!

March Menu

Courgette, chilli & potato soup with crisp breads £5
'Bruschetta al pomodoro' – grilled 'Pugliese' bread, vine tomatoes and basil £6
Caesar salad with parmesan croutons £6 – with grilled chicken £8.50
Fricassee of prawns, baby leeks, oyster mushrooms and white wine £7.50
Pork terrine with homemade fruit chutney, cornichons & grilled bread £7.50
Tian provencal- baked vegetable tart with tomatoes, zucchini, melted onions & balsamic £7.50
'Antipasti to share' £9.50

(V) Risotto with peas, asparagus, mint and goats cheese £ 7.50 /£10
Baked gnocchi with slow cooked oxtail ragu & mozzarella £8 /£10.50
Penne with Italian sausage ragu, tomato, oregano, cream & parmesan £7.50 / £10

Salmon & dill fishcakes with sautéed spinach & Hollandaise £11.50
Roasted cod fillet with chorizo ,chickpeas, coriander, & gazpacho salsa £14
Pan fried marinated whole red mullet with olive oil & lemon mash –black olive sauce £ 13
Slow cooked lamb shank with anchovies & rosemary- sautéed beans, spinach & polenta £14.50
Poulet basque- baked chicken with peppers, new potatoes, olives, marjoram & tomatoes £13.50
Grilled Italian sausages – mashed potatoes & red onion marmalade £10.50
Grilled ribeye steak – roast potatoes, rocket & salsa verde £15.50

'Atlas Sandwiches'

(v) Mozzarella & slow roast tomatoes with pesto £8
Grilled Italian sausage with tomato & chilli jam £8.50
Marinated rump steak with onions, chilli & red wine £9

Side orders £3

Mashed potatoes
Roast potatoes with rosemary
Sautéed greens with chilli & garlic
Rocket salad & parmesan

Desserts & Cheese

French & British cheeses with apple, walnut jam, biscuits & toasts £6.50
Spiced apple crumble with sultanas, cinnamon & vanilla ice cream £4.50
Profiteroles with ice cream & chocolate sauce £4.50
Selection of Jude's Ice creams £4.50

The Atlas
16 Seagrave Road, Fulham, London, SW6 1RX
Tel: - 020 7385 9129 Email: - theatlas@btconnect.com

Dinner PArTY Menu

2 Courses £17.50

3 Courses £21

(v)Cauliflower and blue cheese soup with crisp breads

(v)Spiced lentil & carrot fritters
Cumin & black mustard seeds mint yoghurt

Pork terrine with home made fruit chutney, cornichons & grilled bread

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Salmon & dill fishcakes with sautéed spinach & hollandaise

Grilled Italian sausages – mashed potatoes & red onion marmalade

Slow cooked Ox-tail
Red wine & juniper - Milanese risotto & gremolata

(v) Conchiglie with kale, raisins, walnuts, parmesan & mascarpone

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Spiced apple crumble with sultanas, cinnamon and vanilla ice cream

Crème brulee & biscotti

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BUFFET MENU

"Upstairs at The Atlas"

We can offer a salad-style buffet featuring our acclaimed sandwiches as well as rustic terrines, tarts & salads for your event

'Sandwiches'

Marinated rumpsteak with chilli, onions & red wine
Grilled marinated chicken with avocado & crispy pancetta
(v) Mozzarella, roast vine tomato & pesto on Focaccia
Grilled Tuscan sausage and tomato chilli jam
(All served warm)

'Terrines & Tarts'

Duck rillettes with sweet tomato relish
(v) Goat's cheese & Caponata – Sicilian aubergine relish
Smoked mackerel paté with crème fraiche
Pork terrine & damson chutney
(All served with toasts)

'Pizza Rustica' – Baked ham and ricotta
(v) Pissaladière – Provencale onion tart with anchovy & olives
Confit pork & roast tomato tartlets
(v) Goat's cheese & butternut squash
(All served with mixed leaves)

'Salads'

Poached chicken & potato salad – Caesar dressing
Marinated fresh tuna 'Nicoise' – tomatoes, capers, olives & egg
'Kofte' – Warm Turkish lamb meatballs – mint & cucumber yoghurt
(v) 'Insalata Caprese' – Roast tomato & mozzarella with basil & olive oil
Home-cure smoked salmon with green beans & horseradish gremolata
(v) Mixed Chicory & gorgonzola salad with toasted walnuts
(v) Roast butternut squash & feta - grilled red onion relish
Rare roast sirloin of beef with rocket & shaved parmesan

Full buffet £13.50 per head

To include selections of sandwiches, terrines, tarts & salads

Sandwich Buffet only £8.50 per head

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CANAPE LIST

"Upstairs at The Atlas"

We have 2 function rooms available for private hire
Lunch & Dinner parties for 10-40 people
Drinks parties for up to 100 people

Our canapé menu is also available for drinks parties

£14.00 per platter

Choose from any of the suggestions above
Minimum order 5 platters

Grilled courgette & feta with pinenuts
Grilled Portobello mushroom & mozzarella
Crispy polenta & goat's cheese with chive purée
Roast tomato & ricotta pizza with basil & chilli
Caramelised red onion frittata with aged balsamic
'Arancini' – fried risotto balls with mozzarella
Chickpea & cumin purée on crostini
Roast aubergine caviar on crostini

£16.50 per platter

Smoked haddock mousse on toast
Smoked salmon & dill fishcake with hollandaise
Home-cured salmon & avocado mascarpone on toast
Poached prawn with lemon & tarragon crème fraiche

Chicken liver purée on Bruschetta
'Pizza Rustica' – Baked Ham & ricotta tart
Cherry vine tomato & mozzarella with parma ham
Grilled leg of lamb skewer with harissa & red onion
'Tagliata' – Rare grilled steak & potato with tarragon
'Kofte' – Turkish meatballs and yoghurt
Tuscan sausage with tomato chilli jam
Slow-cooked pork belly & baked apple
Fried chorizos & honey on toast

Choose from any of the suggestions above

Each platter consists of 20 pieces

Please make a selection of up to 8 different canapés

Minimum order 5 platters

We can tailor your event in any way to suit your requirements.
Please ask at the bar to view the rooms and for availability or contact Craig, Marko or Susan
with your enquiry or to discuss any further details

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